

# ANNUAL REPORT 2020-21



*Society for Action in Disability and Health Awareness*





*Group strengthening workshop  
at SADHANA*



*During monthly clinic day Mr. Pravakar  
examining a child with disability*

For bringing change in the quality of life of Persons with Disability in rural and tribal villages you can join us in our efforts by making donations to SADHANA.

**For Foreign Donations – FCRA Designated Account Details**

Name: Society for Action in Disability and Health Awareness (SADHANA)  
Savings Bank Account No. 40036869380

Bank: State Bank of India, New Delhi Main Branch (00691)  
FCRA Cell, 4th Floor, State Bank of India, New Delhi Main Branch,  
11, Sansad Marg, New Delhi – 110001  
IFSC: SBIN0000691 SWIFT: SBININBB104

**For Local Donations – Local Account Details**

Name: Society for Action in Disability and Health Awareness (SADHANA)  
Savings Bank Account No: 30819832324  
State Bank of India, Bhanjpur Branch (12048)  
SBI, Jail Road, Bhanjpur, Baripada-757001  
IFSC: SBIN0012048



*Intensive study camp for deaf children*

*State Deputy Director, Dr UN Majhi  
observing Sonia Marndi's  
Comprehensive Intervention plan*

## Our Pledge...

We firmly believe in the irreplaceable value of every human person. We would like to live in a society where diversity is welcomed and every individual person is accorded respect and valued for what s/he is.

Our experience teaches us that “to serve others is a God given privilege and a source of joy.” We dedicate ourselves to the wellbeing of the persons with disabilities and the weaker sections of society. We shall always strive to nurture the values of a society where there is no discrimination and where persons with disabilities are given equal respect as able-bodied persons.

We pledge to work with all persons of good will to build a society based on profound human values and respect for each individual life.

**Sadhana Family**



### **Tribute**

Late Doktor Mohanta, CBRW

Date of Birth: 03.02.1982

Date of joining Sadhana : 23.05.2013

Date of Death: 07.12.2020

We express our heartfelt grief and condolence for the untimely death of our community worker Late Doktor Mahanta. May the departed soul find abode in Lord's feet. We pray for the bereaved family to get strength to overcome the grief and sorrow.

## From the Director's Desk...

The spread of novel Corona virus (Covid 19) with strict travel restrictions and stay at home orders in the beginning of the year caused severe disruptions on the community life. We were all in a shocked state of mind. The poor people along with the persons with disabilities in the villages suffered the most as their avenues of income stopped, the schools were closed, the rehabilitation centres were shut down and it was very difficult to access health services from different centres. Amidst the restrictions the team members of SADHANA joined hands with other Covid warriors struggling to help people. The members of different village level disabled people's organisations joined the effort with us for providing relief to poor families having persons with disabilities as members. This natural collaboration at village level has strengthened the solidarity among the staff and concerned community people who value the vision of SADHANA to build a more humane society that is capable of nurturing all human beings irrespective of their abilities.



The active concern and generous support of our funding partners namely Madre Teresa di Calcutta, Vicenza, Italy; Caritas India - CBR Forum, Bangalore, India; Deaf Child Worldwide, UK; RJC Operations, Malta, John & Kay Buttigieg, Malta, Instituto Secular, Italy and other friends in Italy, Malta, and India made this year's journey more meaningful.

We acknowledge the cooperation and support of the villagers, the family members, the functionaries of the Panchayati Raj Institutes of all the 17 Gram Panchayats we work with, the administration of Baripada and Suliapada Blocks, District Administration of Mayurbhanj, especially the functionaries of Samagra Sikhya, Health, Social Security, Social Welfare, Mission Sakthi, Police, Child Protection and Baripada Municipality who have walked together with us in this tough journey.

We are thankful to all the NGOs and the alliance partners of National Alliance of Rural Development, the partners of Orissa State Disability Network, Orissa Disabled People's Network, the local DPOs and Block Level Networks and so many others who have extended their support in our endeavours.

On behalf of persons with disability and their families and personnel and members of SADHANA we extend our earnest appreciation to all our friends and well-wishers and hereby share with them the fruit of our combined efforts.

A handwritten signature in black ink, appearing to read 'Ranjit Kumar Mahapatra'. The signature is written in a cursive style.

Ranjit Kumar Mahapatra  
Director/Secretary



## Vision

A society based on profound human values and respect for each individual life whatever his/her own physical, mental and social abilities



## Mission

Working with marginalised groups with an emphasis on disabled persons and their families in a mutual sharing of strengths and acceptance of limitations, to build a more equitable and humane society

## Area of Operation



Baripada Block – All 11 Gram Panchayats

In Suliapada Block - 6 Gram Panchayats - Deuli, Nuagaon, Fania, Kostha, Kujidihi, Kanimahuli

Block	No of Gram panchayats	No of villages	Total population	Total PwDs	% of population	No of Children ≤ 18	No. of adults
Baripada	11	104	68,005	1,071	1.58%	240	831
Suliapada	6	65	39,046	775	1.99%	127	648
<b>Total</b>	<b>17</b>	<b>169</b>	<b>1,07,051</b>	<b>1,846</b>	<b>1.72%</b>	<b>367</b>	<b>1,479</b>

## Activities and Outcomes during the year

### Community Level Initiatives

**SADHANA** strived to ensure favorable environment around each person with disability so that he/she gets enough opportunities to fulfill his/her potential and lead a satisfactory quality of life. To make this happen SADHANA carried out various sensitization programmes alongside building the capacities of families and individuals with disability.

### Community involvement and inclusion programmes

For building inclusive communities, the focus has been on creating awareness regarding disability and disabled people. In this year, 22 annual village meetings were organized to sensitize village people towards persons with disability and selecting five to six potential volunteers to train and develop them as members of a resource pool for ensuring inclusion of persons with disabilities within their own villages.



*Village meeting at Tentulisole*



*Village meeting at Kundhei*

Due to closure of schools, SADHANA could not organize any school input programs for getting support from classmates and teachers for children with disability in school. But SADHANA used this opportunity to involve the friends, neighbors and family members in encouraging and maintaining the progress of the children with disability. SADHANA also carried out a deaf awareness campaign for all the Anganwadi Workers in 17 Gram Panchayats of Baripada and Suliapada block.



*Deaf awareness campaign for AWWs in Kujidihi Angawadi Centre*



SADHANA also made communities aware of Covid appropriate behavior through home visits and display of awareness materials in the villages, distributed masks and medicines and provided free ration to approximately 250 needy families during lock down and linked 89 persons to community kitchens. The DPOs along with Goan Kalyan Samiti and community-based institutes in all the villages collaborated in this effort of SADHANA during Covid-19 pandemic.



*Village Level Covid Awareness Programme*

Families having persons disabilities faced difficulties in providing nutritious food to their members during the lock down period. To ensure access to nutritious food, SADHANA encouraged 95 families to develop kitchen garden in their back-yards. This has helped them to get fresh vegetables and leaves for their daily meal.



*Distribution of Vitamin supplements and grocery items during lockdown*

The collectives of persons with disabilities (groups) are one of the main pillars for sustaining the process of building inclusive community. SADHANA has been nurturing 2 block level disabled people organizations (BDPOs), 17 GP level disabled people organizations (GDPOs) and 91 village level disabled people organization (VDPOs) and 7 cluster level Pratidhwani (deaf parents association) to act as catalysts within their community to ensure that all individuals with disability are accepted as community members.



*Training of DPO members at SADHANA*

This year the DPOs helped 63 people with disability to get disability certificates, 23 persons to get their disability pension, 17 children to get aids and appliances from various government departments.



*Livelihood support to group members*

The VDPO members have also helped 138 persons with seizure and mental illness to get and continue with their medicine regularly, while monitoring their situation.

## Standing up for themselves and their village

In Salsahi village of Fania Panchayat in Suliapada Block, there are 14 persons with disability among a total population of 400 people, mostly from the Bathudi (a tribal community).

Assisted by SADHANA, a village-level DPO named Samparka Snehamayi Bhinnakshyam Swayan Sahayak Gosthi was formed in the year 2014.



Abhijit Bhakta is a child with hearing impairment living in Salsahi. The VDPO in consultation with the CBRW decided that Abhijit should also study with the children in the

village, and that arrangements would be made at the village level to create interest among the children and the parents. Three members of VDPO visited the village with SADHANA staff and discussed the situation with Abhijit's family and neighbours. They prioritized 3 issues i.e. forming a fun and learning group around Abhijit by including other children in the community, arranging a facilitator and a place for children to study together in the morning and evening. They also contributed and raised fund from the community to build a hut for children's study. Then they identified Archana Naik from the village and requested her to facilitate the fun and learning group (FLG). Abhijit and his peers joined the fun and learning group under her guidance. It was encouraging to see that other parents sent their children to the group where Abhijit and his friends studied and played together.

The VDPO members arranged a meeting with the villagers and then wrote a letter to the sarpanch about maintaining cleanliness around every house in the village. Responding to their appeal, the Gaon Kalyan Samity (GKS) i.e. the village development committee cleaned the surrounding area of the village. The members of the VDPOs are happy as the villagers now respect them for their contribution in the village development work. The VDPO has also helped other poor persons to apply for housing support under Prime Minister's Housing Scheme. They have also planted trees in different parts of the village to make it beautiful.



Efforts were made to access all possibilities in the locality for providing skill training and livelihood support. Thirty individuals including the group members were provided with various livelihood supports. Efforts were made to provide opportunities to individuals with disability to help them take up income generation activities.



Fun and learn groups help a child with disability to learn in a playful environment. Each group consist of five to six general children around one child with disability. The group facilitator is selected and appointed by the parents from the community to teach the children 2 to 3 hours daily on a little remuneration. SADHANA has facilitated and formed 20 fun and learning groups in its project villages.



*Fun and learn group around Rajat Si - a child with mental retardation of Deuli Gram Panchayat*



## Success story of Kailashchandrapur Vinnakshyam Sangha

Kailashchandrapur village of Budhikhamari Gram Panchayat is a remote village of Baripada Block, dominated by tribal people. Most of the people are poor and depend on agriculture and forest products. Most people have little access to Government schemes and benefits, due to poor knowledge and information. In the year 2009, 7 persons with disabilities came together to form a group for identifying and solving the issues together. The aim of the Kailashchandrapur Samparka Vinnakshyama Sangha was to help each other for the development of individual as well as the group.



*Monthly meeting of Kailashchandrapur Vinnakshyam Sangha*

The group has helped 4 persons with locomotor disability to get wheel chairs from BSSO, Baripada during the year. They can easily go to the monthly meeting without depending on others, their participation in village activities and functions has increased. The members of the group have developed good relationship among themselves through regular interaction. They help each other at the time of adversity. They participate in family and village feasts and functions.

## Lifting Barriers and Inclusion of individuals with disability

The Lifting Barriers approach helps SADHANA to ensure families and community work together to maximise the strengths of the disabled individual and reduce/ remove the physical, social and other barriers, in a progressive manner.

During the year focussed interventions continued with 372 individuals including persons with seizure disorder, mental illness and individuals with deafness. Specific interventions were carried out with 50 children with



*Assessment of Sudasna Naik, a child with CP and SD by Samiran Ghosh the lifting barrier quality promoter*



deafness to enhance their academic competencies along with other development through regular GP level review, parents training and deaf friendly lesson adaptation.

Community based institutions and PRI members are also being involved during GP level review for greater impact and reach.

Comprehensive Intervention Plans (CIPs) are implemented for 56 individuals with disability, who have potentials to develop in all dimensions of life through a time bound targeted plan.



*Panchayat level assessment of children under focused intervention at Chandanpur Gram Panchayat*

50 adolescents, with whom SADHANA has carried out interventions for past few years have achieved optimum self-care are now being stimulated to take more responsibility in life as adults. These individuals are placed under a category for developing Caring and Capable Families and Villagers (CCFVs) around them.

For 50 individuals with severe disability and high degree of dependence, support mechanisms are being created both for the individual and for the family. The resource pool members are visiting these 50 families to give necessary support including respite care.

Among these, 6 individuals with severe disability are being provided with specific support for cognitive development and socialisation; 20 individuals with severe disability having some possibilities of improved socialisation are being supported accordingly and 24 individuals with most severe impairing conditions are being provided with support for necessary care to sustain them and their families.



Village resource pool member encouraging peers of Gayatri, a girl with multiple disability to take her around.



Bhabani Sankar Mohanta, a male with mental retardation participating in livelihood along with others in the community.



## Progressive impairment cannot stop Malati unfolding her potential

Malati lives in Kunchisole village of Kanimahuli GP of Suliapada Block, with her father, mother and her elder brother. Her father is a daily labourer and the sole breadwinner of the family. Malati has problem with vision. She studies in Class- V in the village school. As she cannot see properly, she has many difficulties in reading and writing. While her classmates are inside the classroom, she needs to be outside in the natural light of the sun in order to see properly.



*Malati receiving SADHANA Elena Favaron Annual Award-2020*

When SADHANA staff came to know about her, they counselled her family members and helped them to take her for a check up. She was diagnosed with low vision in the District Hospital of Baripada, under the RBSK (Rashtriya Bal Suraksha Karyakram). In 2-3 years, her visual perception weakened and she was unable to read her books, even with the aid of sunlight and magnifying lenses. Recently, she had another check-up done under the same scheme (RBSK) and found out she has an eye condition due to which she would lose her vision completely. This diagnosis shocked her family.

In spite of all these problems, she has not given up on her dreams. She is diligent in her studies and goes to tuition regularly. She goes out to play every day, and has won the first prize in a football competition with the nearby Gram Panchayat. She was awarded with the 2nd prize for singing in the IDPD (International Day of Persons with Disability) Program in 2019. SADHANA Elena Favaron Annual Award of rupees seven thousand was given to her during IDPD 2020 program for her courage to move ahead in life despite progressive disability.



## Organisation Level Initiatives:

**Monthly Clinic Day:** Monthly clinic day is being held at CIC, SADHANA on second Saturday of the month under the guidance of Pravakar Sahoo. During the first few months of the year due to lock down the clinics were not hold. However, during the year a total 14 children were seen and 8 newly identified are included in the programme this year.

**International Day for Persons with Disability (IDPD) :** SADHANA in collaboration with 17 Gram Panchayats and GDPOs facilitated the panchayat level observation of IDPD. In this event around 1100 children and their parents participated.



*IDPD celebration at Badjod Gram Panchayat*

### **Shanta Memorial Rehabilitation:**

**Centre (SMRC) Bhubaneswar** Invited SADHANA to Participate in state level workshop on Capacity Building of DPO members on Article 19, UNCRPD. Director and two DPO leaders participated in the programme.



*IDPD celebration at Betna Gram Panchayat*

**SADHANA Elena Favaron Annual Award:** SADHANA has instituted this annual award for a child with disability for showing determination in overcoming impairments and barriers and progressing in education.

Malati Hembram of Kanimahuli Gram Panchayat won SADHANA Elena Favaron Annual Award 2020. She was conferred a certificate of Excellency and cash money of rupees seven thousand by the director of SADHANA at Gram Panchayat level IDPD celebration day.

### **Launching the Project for Deaf Children:**

SADHANA in collaboration of Mission Deaf Inclusion (MDI) – a group of partners of DCW -and Samagra Sikshya organized the inception meeting of the project on quality inclusive education at pre-primary and primary level for deaf children in Mayurbhanj.



*Launching of the project for deaf children by district authorities and director SADHANA being supported by DCW, UK*

**Rehabilitation Council of India (RCI) Programme:** An Awareness cum sensitization workshop for teachers on role of Rehabilitation Council of India (RCI) on disability and rehabilitation was organized at SSA Conference Hall, Baripada by SADHANA in collaboration with Rehabilitation Council of India-ZCC East Zone-1 and



*Awareness and sensitization programme for teachers at Samagra Sikshya, Baripada*

Samagra Sikshya, Mayurbhanj. In this programme 60 teachers from various schools of Mayurbhanj district participated and learned.

**Sponsorship children:** With support from sponsors from Italy, SADHANA has been providing financial assistance to 9 poor children for their education support. This year 3 children passed matriculation, one child completed intermediate successfully. Two children are going to appear their matriculation examination during the coming year.

### **Staff Training and Formation:**

Training programmes for SADHANA personnel is a continuous process to keep their knowledge and skill upgraded and up to date. During this year 14 full days training programmes have been conducted on various aspects. These include project planning, outcome reporting, input to GDPOs on rehabilitation and inclusion, financial management, change people's behaviour and practice during Covid19, monitoring and guidance etc.



**Annual get together:** This year SADHANA staff spent some quality time with their family members at annual get together held at SADHANA campus due to lockdown and movement restrictions imposed by Government. This get together helped staff to rejuvenate themselves and start the work with fresh mind.





*Society For Action in Disability and Health Awareness (SADHANA)*

**BALANCE SHEET AS AT 31ST MARCH 2021**

<b>Liabilities</b>	<b>Amount (Rs.)</b>	<b>Assets</b>	<b>Amount (Rs.)</b>
<b>Funds:</b>		Fixed Assets	60,44,207.57
General Funds	59,42,125.49	<b>Current Assets, Loans and Advances:</b>	
Capital Funds	4,80,122.00	Salary advance	5,000.00
Earmarked Funds	35,09,412.89	Interest accrued	3,12,954.37
<b>Current Liabilities &amp; Provisions</b>		Tax deducted at Source (Receivable)	82,336.00
Payables	4,39,981.00	Donation receivable from RCI Zonal Coordination Committee	23,329.00
Grant received in advance	22,07,473.00	<b>Cash &amp; Bank Balances:</b>	
		Cash & Bank Balances	15,39,972.44
		Fixed Deposits	45,71,315.00
<b>Total</b>	<b>1,25,79,114.38</b>	<b>Total</b>	<b>1,25,79,114.38</b>

**RECEIPTS & PAYMENTS ACCOUNTS FOR THE YEAR ENDED AS ON MARCH, 2021**

<b>Receipts</b>	<b>Amount (Rs.)</b>	<b>Payments</b>	<b>Amount (Rs.)</b>
<b>Opening Balances</b>			
Bank and Cash Balances	9,33,728.94	Salaries to Project Personnel	50,63,444.00
Fixed Deposit	44,48,432.00	Personnel Training	22,192.00
<b>Grant, Donations and Other Income</b>		Programme Expenses	15,36,255.00
Madre Teresa di Calcutta	16,30,162.00	Development work of Organisation	3,656.00
John and Kay Buttigieg	20,29,635.00	Administrative Expenses	3,81,838.50
Caritas India - CBR Forum for CBR Programme	5,63,140.00	Refund of Project Balance	2,179.00
Deaf Child World Wide	22,01,508.00	Procurement of Fixed Assets	58,500.00
Caritas India - CBR Forum for DPD Programme	3,84,150.00	Outstanding Liabilities	10,000.00
Local Grant & Donations	4,13,400.00	<b>Closing Balances</b>	
Community Contribution	33,799.00	Bank and Cash Balances	15,39,972.44
Interest earned in SB FC Account	65,005.00	Fixed Deposit	45,71,315.00
Interest earned in SB FC Account	4,731.00		
Interest from Fixed Deposits	1,22,883.00		
Interest from TDS	1,280.00		
Membership Subscription	2,600.00		
Programme reimbursement	28,021.00		
Donation from Training and User fees	52,463.00		
Sale of Obsolete Items	13,500.00		
PMRPY & PMGKY Contribution	2,42,544.00		
Receivables	18,290.00		
<b>Grand Total</b>	<b>1,31,89,351.94</b>	<b>Grand Total</b>	<b>1,31,89,351.94</b>

**Auditor's Report:** As referred to in our report of even date attached

For P. K. Bajaj & Associates

Chartered Accountants



Pradeep Kumar Bajaj  
Auditor

For Society for Action in Disability and Health Awareness (SADHANA)



Binapani Mangual  
Treasurer



Ranjit Kumar Mahapatra  
Director/Secretary

## Executive Body of SADHANA

Prabir Kumar Ray  
President

Ranjit Kumar Mahapatra  
Director/Secretary

Binapani Mangual  
Treasurer

Bhaskar Chandra Sahoo  
Member Adviser

Malay Kumar Mukherjee  
Member



## Society for Action in Disability and Health Awareness

Registered office: Julka, PO-Bankisole, Via-Laxmiposi,  
Baripada, Dist. Mayurbhanj, Odisha, PIN-757107  
Central Coordination office: SUJAN NIWAS, Betabindhanisahi,  
P.C. Sarkar Lane, Khan Nagar, Cuttack

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