

ANNUAL REPORT 2016-17



Society for Action in Disability and Health Awareness

From the Director's desk...

Dreams and aspirations of few people to have an inclusive society, where everyone is accorded equal respect, acceptance and opportunities, are translated into small actions at different levels of the society. These actions aim at enhancing the quality of life of persons with disability and their family members. It is a fact-eye opener for the team members of SADHANA to realise that there are numerous invisible factors around a person to help grow to her/his fullest potential. It is equally challenging to reduce the limiting factors around a child with impairment. The love, commitment and contribution of all the team members, supporters and well-wishers of SADHANA has given us strength to move ahead in this journey.



The active concern and generous support of our funding partners namely Madre Teresa di Calcutta, Vicenza, Italy; CBR Forum, Bangalore, India; Deaf Child Worldwide, UK; Child Rights and You, Kolkata; friends in Italy, Malta, and India made this year's journey more meaningful.

We acknowledge the cooperation and support of the villagers, the family members, the functionaries of the Panchayati Raj Institutes of all the 17 Gram Panchayats we work with, the Block administration of Baripada and Suliapada Blocks, district administration, the functionaries of Baripada Municipality who have walked together with us in this tough journey.

We are thankful to all the NGOs and the alliance partners of National Alliance of Rural Development, the partners of Orissa State Disability Network, Orissa Disabled People's Network, the local DPOs and Block Level Networks and so many others who have extended their support in our endeavours.

On behalf of persons with disability and their families and personnel of SADHANA we extend our earnest appreciation to all our friends and well-wishers and hereby share with them the fruit of our combined efforts.

Ranjit Kumar Mahapatra
Director/Secretary

PLEDGE

We firmly believe in the irreplaceable value of every human person. We would like to live in a society where diversity is welcomed and every individual person is accorded respect and valued for what s/he is.

Our experience teaches us that “to serve others is a God given privilege and a source of joy.” We dedicate ourselves to the well being of the persons with disabilities and the weaker sections of society. We shall always strive to nurture the values of a society where there is no discrimination and where persons with disabilities are given equal respect as able-bodied persons.

We pledge to work with all persons of good will to build a society based on profound human values and respect for each individual life.

SADHANA Family

Vision

A society based on profound human values and respect for each individual life whatever his/her own physical, mental and social abilities



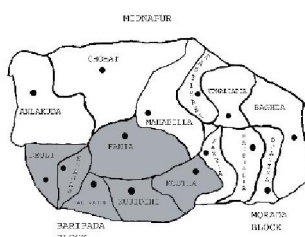
Mission

Working with marginalised groups with an emphasis on disabled persons and their families in a mutual sharing of strengths and acceptance of limitations, to build a more equitable and humane society

Location

Mayurbhanj

No. of Sub Divisions-4
No. of blocks-26
No. of GPs-404
No. of Villages-3945
Population-25, 19,738
(Census-2011)



SULIAPADA BLOCK



Block	No of Grampanchayats	No of villages	Total population	Total PwDs	% of population	No of Childrens ≤ 18	No. of adults
Baripada	11	104	67,315	967	1.43%	264	703
Suliapada	6	65	38,643	789	2.04%	187	602
Total	17	169	1,05,958	1,756	1.65%	451	1305

Activities and Outcomes during the year 2016-17

Community Level Interventions

SADHANA dreams of a community that welcomes and accepts each one of its members. The community has the capacity to accommodate differences, thus ensuring respect and space for each person to live a life of dignity. The personnel of SADHANA have worked with the villagers in various ways to enable the families/ villagers to build up such communities.

A. Activities with village communities

- Meetings in 63 villages were conducted to sensitise people on disability, effect of disability on the life of a person, factors that contribute to their underdevelopment and marginalisation, rehabilitation, process of inclusion. In this way they have reached 362 villagers, 360 village leaders, 68 PRI members,



Gram panchayat level sensitisation meeting at Bhagabatpur. They are discussing about the persons and children with disabilities of their village and how can they help

264 service providers.

- The community level workers made continued efforts to keep the village people motivated for including persons with disabilities in the village life. They met the key leaders, local elected representatives, teachers, Anganwadi workers, ASHA at regular intervals and shared the concerns of persons with disabilities and their families. They participated in the meetings of different village level institutions like Gaon Kalyan Samitis and Matru Mandals and encouraged them to take initiatives favouring reduction of malnutrition among general children, inclusion and participation children with disabilities living in the villages. The staff have made efforts to sensitise people on disability, causes, identification, assessment, use of aids, reproductive health issues of deaf adolescents, STD and HIV, various types of abuse, promotion of sign language in schools, panchayat offices and Anganwadi centres to improve communication among deaf persons and the public.
- The staff facilitated and encouraged the members of 15 children's groups to take up small initiatives in the village to include their peers.
- The students and teachers of were part of different sensitisation programmes on disability and inclusion. In the process 670 students and 55 teachers from 13 different schools actively participated in the events.



School children of Khadisol gram panchyat experiencing effects of impairment. The CBRW Ms.LaxmipriyaRoul is animating the activity at

Outcomes

- The officials of 17 gram panchayats informed persons with disabilities and families about specific schemes and helped in accessing the entitlements. In 6 grampanchayats the PRI Members and Sarpanchs personally followed up and helped accessing entitlements.
- In 52 Anaganwadi Centres around 80% Anganwadi workers ensured the inclusion of children with disabilities along with other children in the pre schooling activities.
- The Gaon Kalyan Samiti (GKS) and Matru mandal (mothers committee) of 3 grampanchayats encouraged the families to access health services for children with disabilities and malnourishment.
- Children's group support persons with disabilities and children with other vulnerabilities in the villages while playing, in going to school.

B. Activities with Collectives

SADHANA has formed the Self Help Groups of persons with disability and DPOs for eliciting mutual support and strengthen livelihood of the families with persons with disability. SADHANA personnel actively support...

- 68 self-help groups (SHGs) which include 613 persons with disabilities.
- 17 GramPanchayat Level DPOs which include 485 members of which 367 are from the 68 SHGs.
- 2 Block Level Networks (BLN) of persons with disabilities, one in Baripada and one in Suliapada. The total number of members in the Baripada BLN is 33 whereas in the Suliapada BLN there are 18 members. These two networks take up the concerns of the PWDs raised by SHGs through GDPOs in the project area of the two blocks.
- "Pratidhwani" a district level parents' association of children with hearing impairment now have 819 members from 26 blocks of Mayurbhanj
- 15 children groups in the 20 villages of 3GPs in which 375 children are members.
- These groups have regular monthly meetings supported by SADHANA staff. The topics and matters discussed by the SHG members are related to helping members, persons with disabilities and other villagers, accessing entitlements, get medicines on seizure disorder, etc.
- The group members helped other members and persons with disabilities to the district disability rehabilitation centre, district hospital, office of the social security officer to access entitlements, medicines, etc. The members visited the families having children with severe disabilities and encouraged regular interventions as guided by the CBR workers.



GP level DPO meeting at Rajabasa



Child group meeting at Kainfulia

- 24 SHGs have received financial support from SADHANA (Rs. 5000/-) through different projects till date
- Six leaders of the two BLNs participated in the CBR Forum led 2 Regional DPO meetings and one National DPO meeting.

Achievements

- 25 SHGs are maintaining records and organizing their meeting independently
- 17 SHGs are involved with different group income generation activities and earning reasonable income.
- SHG members have developed confidence and 50% of the SHG members are able to present their problems in various forums like Gram Sabha, Palli Sabha, in block and district grievance cells and with different authorities.
- In the process 17 persons have got low cost housing support under Indira Awas Yojana (IAY) and Biju PaccaGhar Yojana; 37 persons got disability certificate for the first time; 3 children got escort allowance; 11 persons were enrolled for getting subsidised rice under RDP scheme i.e. Rice for Disabled Persons; 18 persons got aids and appliances like wheel chair, tricycle, callipers, hearing aids and low vision aids.

Family Level Interventions

Persons with disability and their family members experience a variety of problems due to intrinsic as well as extrinsic factors. Physical and/or mental impairment brings with it some limitation of physical and mental ability, often leading to constraints in socialisation and participation in family and community life. Several of these limitations can be reduced by specific interventions that enable individuals to develop their potential to the maximum. SADHANA works for maximal individual development through interventions at different levels.

Activities with families and individuals

- Regular visits were done by the community based rehabilitation workers to 255 families having children/adolescents having more restriction for guiding to carry out intensive support for intervention.
- Intensive intervention with 57 deaf children and 69 youth at home, Anganwadi centres and at schools were carried out by the staff.
- 36 children and persons with disabilities were linked to local health services provided by District Early Intervention Centre (DEIC) under Rastriya Bal Swasthya Karyakram (RBSK), District Mental Health Programme (DMHP) for medical assessment, medicines, physiotherapy etc.
- A total of 11 children were taken to different institutions and hospitals for consultation and medical/ surgical interventions out of which for 6 children with disabilities were taken to Hope Hospital, Kolkata and rest were taken to RCFC, Kolkata; SCB Medical college, Cuttack SVNIRTAR, Oltapur and Sishu



Physical intervention of Mamuni Singh: practicing to hold things in hand.

Bhawan Cuttack.

- Financial support for seizure medication was given to 15 children.
- 28 PWDs were linked to different skill development training run by Rural Self Employment Training Institute (RSETI), Mayurbhanj. The trades taught were making handicraft items from sabai grass and livestock management.
- 2 five days intensive study camps for 2 separate batches of deaf children involving 32 children along with their support persons
- 14 youths with disability were linked vocational training of which 10 at Vocational Rehabilitation Centre, Bhubaneswar and 4 at Rural Self Employment Training Institute (RSETI), Baripada
- 47 deaf young persons were provided with livelihood support through the project and other government initiatives. Most of the deaf young persons are continuing income generation activities. Their self-image and acceptance in the family has increased significantly.



Jacinta carrying out assessment of Gayatri Bindhani of Hatikote village

Outcomes

- 43 parents have gained confidence and participating actively in the rehabilitation and inclusion process, involving themselves while preparing targets of the comprehensive intervention plans (CIPs) and sharing their skills with other parents. The process is quite slow which need constant engagement of community workers.
- In addition 28 family members of deaf children have learnt the skills for helping in achieving academic competencies, making of TLMs and use during lesson transaction.
- In 15 schools peers are actively supporting the deaf children in curricular and extracurricular activities.
- 183 Persons with Disabilities have taken up different income generation activities. During the year 46 persons with disabilities have got financial support from different sources through facilitation of the workers of SADHANA.

Subhadra Mukhi

Subhadra Mukhi is now 5 years old. She was identified by the community based rehabilitation worker when she was about 2 year old. At that time she was always lying down because of delayed physical development about which the mother was very worried. With the support of SADHANA staff she learnt how to carry out interventions that helped her child to develop.

Getting the support of SADHANA staff she was quite hopeful that with regular intervention her child will improve. She carried out regular intervention taught by the CBRWs.



Subhadra Mukhi, a delayed mile stone child loves to interact with her friends standing on the verandah

Subhadra now can:

- Stand with support
- Walk in parallel bar at home
- Can eat dry food by herself
- The family is happy with her improvement.

Networking and Collaboration

SADHANA shares the experience of community based rehabilitation with different government departments, civil society organisations and community based institutions to encourage converged effort for rendering better services for persons with disabilities. It makes effort to ensure that the Government lives up to its responsibilities of providing basic rehabilitation services for persons with disability.

Activities

- One district level workshop and two block level workshops were conducted on Rights of Persons with Disability Act, 2016. In these workshops about 150 participants from various government and non-government organizations along with leaders of the disabled people's organisations participated.
- During the year 52 camps were organised for screening children with eye problem and providing support for treatment and intervention in the district. SADHANA was one of the collaborating agencies. SADHANA staffs were present in 9 camps in which 193 children were seen and the staff followed up with 17 children who were linked to eye hospitals.
- SADHANA influenced the government to collaborate even financially in the observation of world deaf week in which about 300 children and persons participated.
- In the regular observations of International Day of Persons with Disabilities (IDPD) 2016 SADHANA was one of the collaborating agencies with the district administration. In this event about 1500 children and persons participated of which about 50 children from the project area SADHANA along with all staff of participated.
- SADHANA collaborated in hearing assessment camps was organized by the district administration. In these camps 344 children with hearing impairment got hearing aids which include 25 children in the project area of SADHANA.



Pravakar Sahoo, Member Advisor facilitating the workshop on Rights of Persons with Disabilities Act, 2016 organised by SADHANA in collaboration with District Administration.



Special Olympics for children with disabilities was organised in the campus of special school, Laxmiposi, Baripada

- SADHANA organised Special Olympics in collaboration with district administration in view of participation in Paralympics, Deaf Olympic and special Olympic. In the events under the programme 199 disabled students participated. The fund support was provided by department of youth and sports affairs, Government of India, Opening Learning Systems, Bhubaneswar and Special Olympics Bharat.

Staff Training

SADHANA's vision and mission is fulfilled through the committed and dedicated staff of the organisation. The organisation invests a significant part of its resources and energy to nurture its staff.

Activities

- Regular nurturing is done in the weekly meetings. During the year 36 weekly meetings were conducted and the staff learnt to conduct proper assessment of the disability, the factors influencing disability, preparation of comprehensive intervention plans, etc.
- All the CBR staff were involved in hands on skill development training on physical assessment by Ms Jacinta from UK through HOPE hospital, Kolkata
- The CBR team were imparted skills and knowledge on assessment of physical development, functions of muscle, preparation of comprehensive inclusion plan (CIP), and positioning practice of a child with cerebral palsy by Ms Marcette Buttigieg.
- The CBRWs also got the opportunity to learn about strengthening the Disabled People's Organisations (DPOs). The training was facilitated by Sri. Pravakar Sahoo, Member Advisor.
- Orientation on formation of children group was given by Ranjit Mahapatra. The CBR team learnt six step approaches for facilitating child group activities and strengthening children groups.
- Training on LB approach by Pravakar Sahoo (Member Advisor). The CBR team gained skill and knowledge on rationale of the Lifting Barriers approach and its essential features, evaluating the quality of LB approach implementation, required knowledge and skill for implementation of it.
- Gautam Choudhury, SANCHAR, Kolkata provided 5 days need based field level training to the CBR team of the organisation. The inputs were on community based rehabilitation, implementation of lifting barrier, management of child with cerebral palsy and mental retardation, concept of DPO, role of CBRW, UNCRPD and different act for person with disabilities.



Marcette Buttigieg training the staff of SADHANA on physical assessment of children with cerebral palsy; she is helping to understand muscle tone and joint movement...

- Training was organised by Deaf Child Worldwide at Puri. In the training programme 8 persons from SADHANA participated and learned about various strategies of DCW alongside skills for transaction of maths, language, EVS and communication using ISL.
- Two CBR Workers and the project coordinator of CBR Forum supported project Mr. Diptimaya received CBR training at SANCHAR, Kolkata
- 2 Senior CBR workers attended a Workshop on making of positioning devices like chair for children with cerebral palsy and standing frame facilitated by Mobility India, organised by RARE, Sonapur.



Felicitating the 6 team members who have completed 10 years or more with SADHANA on the occasion of Foundation Day of SADHANA during 2nd October 2016

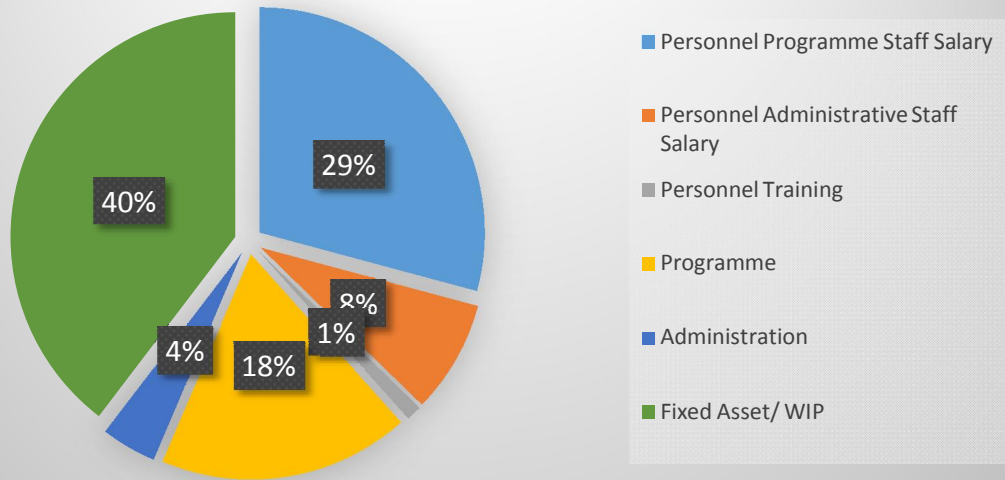
Organisation Development

The Executive Body felt the need to have an in-depth evaluation that will help the Management and all SADHANA personnel to bring about an improvement in the performance of the personnel and of the organisation as a whole. The responsibility was entrusted to Mr. Gautam Chaudhury who carried out the intensive study in April 2016 at different level viz. family, individual, group, community and staff. The evaluation study has suggested a way ahead to improve the performance of the staff, management and organisation as a whole.

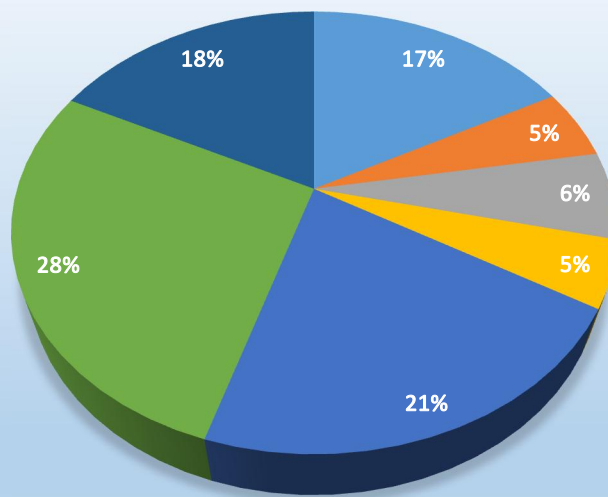


Gautam Chaudhury and Pravakar Sahoo interacting with the family of a child with disability during the evaluation.

Expenses during 2016-17 under various sub-heads



Donor wise Fund 2016-17



■ MTdC ■ Instiotuo Secular ■ RJC Operations ■ Claudio and Camila ■ Caritas India ■ DCW-NDCS ■ CRY

Executive Body of SADHANA

Srikanta Moharana
President

Ranjit Kumar Mahapatra
Director/Secretary

Pravakar Sahoo
Member Adviser

Nandini Ghosh
Member

Binapani Mangual
Treasurer

Akshaya Kumar Behera
Member



You can....



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