

ANNUAL REPORT 2015-16



Society for Action in Disability and Health Awareness

From the Director's desk...



Community Based Rehabilitation of persons with disabilities is a way of rehabilitation intervention in the rural villages to address different issues of disability. The village people working together to bring about a change in the lives of persons with disabilities as well as vulnerable children. The interventions are carried out at three levels i.e. at community level, at family level and at the person level that complement each other. While working in the village people we have learnt a lot about the needs and expectations of the village people and life. These needs to be taken into consideration while developing a plan for rehabilitation intervention. The love, commitment and contribution of all the team members, supporters and well-wishers of SADHANA have given us strength to move ahead in this journey.

The active concern and generous support of our funding partners namely Madre Teresa di Calcutta, Vicenza, Italy; CBR Forum, Bangalore, India; Deaf Child Worldwide, UK; Child Rights and You, Kolkata; friends in Italy, Malta, and India made this year's journey more meaningful.

We acknowledge the cooperation and support of the villagers, the family members, the functionaries of the Panchayati Raj Institutes of all the 17Gram Panchayats. We work with, the administration of Baripada and Suliapada blocks, district administration, the functionaries of Baripada Municipality who have walked together with us in this tough journey.

We are thankful to all the NGOs and the alliance partners of National Alliance of Rural Development, the partners of Orissa State Disability Network, Orissa Disabled People's Network, the local DPOs and Block Level Networks and so many others who have extended their support in our endeavours.

On behalf of persons with disability and their families and personnel of SADHANA we extend our earnest appreciation to all our friends and well-wishers and hereby share with them the fruit of our combined efforts.

Ranjit Kumar Mahapatra
Director/Secretary

PLEDGE

We firmly believe in the irreplaceable value of every human person. We would like to live in a society where diversity is welcomed and every individual person is accorded respect and valued for what s/he is.

Our experience teaches us that “to serve others is a God given privilege and a source of joy.” We dedicate ourselves to the well being of the persons with disabilities and the weaker sections of society. We shall always strive to nurture the values of a society where there is no discrimination and where persons with disabilities are given equal respect as able-bodied persons.

We pledge to work with all persons of good will to build a society based on profound human values and respect for each individual life.

SADHANA Family

Vision

A society based on profound human values and respect for each individual life whatever his/her own physical, mental and social abilities



Mission

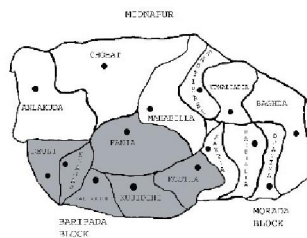
Working with marginalised groups with an emphasis on disabled persons and their families in a mutual sharing of strengths and acceptance of limitations, to build a more equitable and humane society



Location

Mayurbhanj

No. of Sub Divisions-4
No. of blocks-26
No. of GPs-404
No. of Villages-3945
Population-25, 19,738
(Census-2011)



SULIAPADA BLOCK



Block	No of Grampanchayats	No of villages	Total population	Total PwDs	% of population	No of Childrens 18	No. of adults
Baripada	11	104	68,005	967	1.43%	264	703
Suliapada	6	65	39,046	789	2.03%	187	602
Total	17	169	1,07,051	1,756	1.65%	451	1305

Activities and Outcomes during the year 2015-16

Community Level Interventions

The aim of SADHANA is to build a community that welcomes and accepts each one of its members and ensure its members to grow fullest to his/her potential. The community has the capacity to accommodate differences, thus ensuring respect and space for each person to live in a life of dignity. The personnel of SADHANA have been working with the villagers in various ways to enable the families/ villagers to build up such communities.

A. Activities with village communities

The community level workers facilitate village meetings on regular basis in order to sensitise peoples regarding the cause of disabilities and its early detection and intervention. During this year workers have facilitated village meetings in 98 different villages where people gathered and discussed on how to help the families having persons with disabilities and children with different health vulnerabilities. In these meetings about 1748 villagers participated and among them 261 were village leaders, 68 were PRI members and 274 were service providers. The community level workers made continued efforts to keep the village people motivated for including persons with disabilities in the village life. They met the key leaders, local elected representatives, teachers, Anganwadi workers, ASHA at regular intervals and shared the concerns of persons with disabilities and their families. They participated in the meetings of different village level institutions like Gaon Kalyan Samitis i.e. the village health committees and Matru Mandals i.e. the



Village level awareness programme at Badbila village on Dengue and Malaria.



Village level sensitisation meeting at Patharchakuli village people are discussing on accessibility of health service in villages

mothers committee of each Anganwadi Centres and encouraged them to take initiatives favouring reduction of malnutrition among general children, inclusion and participation children with disabilities living in the villages. The staffs have made efforts to help people know about different issues related to people on disability, causes, identification, assessment, use of aids, reproductive health issues of deaf adolescents, various types of

abuse in particular to children, promotion of sign language in schools in order to make schools disability friendly, Panchayat offices and Anganwadi centres to improve communication among deaf persons and the public.

- Nine malarial awareness rallies have been conducted in three gram panchayats to make people aware about the effective use of mosquito nets during sleeping.
- Cooking nutritious dishes is essential for a balanced diet among the villagers. In the villages 28 cooking and 20 vegetable demonstrations were facilitated. One Poshan Ustav was conducted in the community to create awareness on nutrition and reduction of malnutrition among children.
- The staff facilitated and encouraged the members of 10 children's groups to take up small initiatives like child to child events on dehydration during summer and cough and cold during rainy seasons in the village to include their peers.
- Eleven gram panchayat level workshops were conducted to sensitise people on early identification and intervention of children with disability and various schemes available for the marginalised persons of the community. The role of the panchayat was also discussed in the workshops.
- Community level workers have demonstrated 56 hand wash practices in 27 schools and 30 Anganwadi centres to enhance cleanliness and hygiene among children. This activity was carried out in 3 gram panchayats.
- Sixteen school level input programmes were conducted to include children with disability in general school, to build infrastructure like ramps, to make schools friendly disable friendly and to train teachers on how to teach children with disabilities in regular class rooms. In the process 684 students and 55 teachers from 16 different schools actively participated in the events.

Outcomes

- The officials of 17 gram panchayats have learnt about the new PWD Act, 1995. The PRI leaders informed persons with disabilities and families about specific schemes and helped in accessing the entitlements.
- In 52 Anganwadi Centres around 80% Anganwadi workers ensured the inclusion of children with disabilities along with other children in the pre schooling activities. In about 11 centres the Anganwadi workers have made effort to make appropriate teaching learning materials for the children with disabilities enrolled in the centre.
- The Gaon Kalyan Samiti (GKS) and Matrumandal (mothers committee) of 3 gram panchayats have taken up more responsibility in understanding the nutrition status of children and adolescent girls. They have taken up activities like measuring haemoglobin levels and BMI of adolescent girls to understand their health conditions. The members

also encouraged the families to access health services for children with disabilities and malnourishment.

- The village people in general encourage family members to send children with disabilities to school regularly. They talk about specific difficulties faced by children with disabilities and bring it to the notice of SADHANA staff, teachers and key leaders.
- The bond among adolescent girls has increased and they are discussing on health hygienic and menstrual difficulties freely among themselves.

B. Activities with Collectives

SADHANA is standing strong with Self Help Groups of persons with disability and DPOs for eliciting mutual support and strengthen livelihood of the families with persons with disability. It always encourages and supports the DPOs to create their marks in the society.

- There are 68 self-help groups (SHGs) which include 613 persons with disabilities.
- 17 Gram Panchayat Level DPOs which include 485 members of which 367 are from the 68 SHGs.
- 2 Block Level Networks (BLN) of persons with disabilities, one in Baripada and one in Suliapada. The total number of members in the Baripada BLN is 33 whereas in the Suliapada BLN there are 18 members.
- SADHANA focused to strengthen more localised Pratidhwani, the collectives of parents of children with deafness in cluster of villages. Five cluster level groups were encouraged to meet at regular intervals and discuss issues related to children with deafness in the villages and take up collective actions.



District level workshop for addressing child protection issues



Village level health awareness campaign

- There are 19 children groups in the 19 villages of 3GPs in which 183 members.
- Six leaders of the two block level networks participated in the CBR Forum led 2 Regional DPO meetings and one National DPO meeting.
- These groups have regular monthly meetings supported by SADHANA staff. The CBRWs have participated in their monthly meetings to help the members analyse the situation, decide on priority matters to be dealt with and make action plan. They also helped the SHGs to maintain the required records of meetings as well as their accounts and advised to keep good relation with local administrations.

Achievements

- Three SHG have set up stall in Jagadhatri mela Baripada and sold their products.
- Total 576 persons benefited during this year from various Govt. schemes.
- SHG members encourage parents to send their children to schools and Anganwadis regularly.
- Two production groups have been created this year for creating opportunities for selling their products.
- Three SHG have provided Rs- 5000/- financial support to its members daughter's marriage.
- The members encouraged the parents to practice intensive intervention taught by CBRWs regularly at home for better results
- The members also supported 74 families in applying disability certificates (UDID) on line.
- 22 SHGs are involved with different group income generation activities and earning reasonable income.
- SHG members have developed confidence and 50% of the SHG members are able to present their problems in various forums like Gram Sabha, Palli Sabha, in block and district grievance cells and with different authorities.

Family Level Interventions

SADHANA always believes that Persons with disability and their family member's development is necessary to build a inclusive community. If a person develops, then family will develop and hence the community will develop. But it is not a easy way to walk on and it also experience that Persons with disability are facing a variety of problems due to intrinsic as well as extrinsic factors. Physical and/or mental impairment brings with it some limitation of physical and mental ability, often leading to constraints in socialisation and participation in family and community life. Several of these limitations can be reduced by specific interventions that enable individuals to develop their potential to the maximum. SADHANA works for maximal individual development through interventions at different levels.

Activities with families and individuals

- Regular visits were done by the community based rehabilitation workers to 275 families having children/adolescents having more restriction for guiding to carry out intensive support for intervention.
- 19 children having severe malnutrition are followed upto improve their health.
- Four Poshan Utshav have been conducted in 3 Gram pachayats in order to increase the eating habits of green vegetable among children and pregnant women.
- Intensive intervention with 45 deaf children and 42 youth at home, anganwadi centres and at schools were carried out by the staff.
- 43 children and persons with disabilities were linked to local health services provided by District Early Intervention Centre (DEIC) under Rastriya Bal Swasthya Karyakram (RBSK), District Mental Health Programme (DMHP) for medical assessment, medicines, physiotherapy etc.
- A total of 12 children were taken to different institutions and hospitals for consultation and medical/ surgical interventions out of which for 6 children with disabilities were taken to Hope Hospital, Kolkata and rest were taken to RCFC, Kolkata; SCB Medical college, Cuttack, SVNIRTAR, Oltapur and Sishu Bhawan Cuttack.
- Financial support for seizure medication was given to 17 children. The district hospital is now giving the medicines free of cost. Only in emergency case SADHANA is now providing this support.
- Intensive study camps were organised for 46 deaf children along with their support persons in two batches.
- Nine poor children those left school due to financial difficulties are given support in order to continue their studies.



Physical intervention of Silpa Bhoi a seizure disorder child practicing to stand independently.

Outcomes

- In 133 families the children with disabilities are undergoing regular intervention being supported by the family members or neighbours.
- 41 deaf young persons have learnt about reproductive health, protection of sexual and other abuses, general safety measures, etc.
- 82 children identified as severe malnutrition and supported for regular intervention have improved conditions.
- 53 parents have gained confidence and participating actively in the rehabilitation and inclusion process, involving themselves while preparing targets of the comprehensive intervention plans (CIPs) and sharing their skills with other parents. The process is quite slow which need constant engagement of community workers.

- In addition 23 family members of deaf children have learnt the skills for helping in achieving academic competencies, making of TLMs and use during lesson transaction.
- In 18 schools peers are actively supporting the deaf children in curricular and extracurricular activities.
- 187 persons with disabilities have taken up different income generation activities.



Rakesh singh a hearing and speech impaired adult have trained to repair electrical items and supports his family.

Networking and Collaboration

SADHANA shares the experience of community based rehabilitation with different government departments, civil society organisations and community based institutions to encourage converged effort for rendering better services for persons with disabilities. It makes effort to ensure that the Government lives up to its responsibilities of providing basic rehabilitation services for persons with disability.

Activities

- Voice for Child Rights of Odisha (VCRO), the state level alliance of the partners of CRY organised a one day orientation at Red Cross office, Bhubaneswar on Growth Monitoring of children in the Anganwadi Centres.
- SADHANA influenced the government to collaborate even financially in the observation of World Deaf Week in which about 254 children and persons participated.
- In the regular observations of International Day of Persons with Disabilities (IDPD) 2017 SADHANA was one of the collaborating agencies with the district administration. In this event about 1803 children and persons participated of which about 47 children from the project area of SADHANA along with all staff of participated.
- Two block level single window camp (Bhima Bhoi Samarthya Sibir) to assess all Govt. Benefits were conducted in Baripada and Suliapada Blocks by government in which a total 575 persons benefited from that camp. These camps were held in collaboration with SADHANA and with support of the Block Level Networks.
- One district level collaborative workshop was conducted on Rights of Persons with Disability Act, 2016. In this workshops about 213 participants from various government and non-government organizations along with leaders of the disabled people's organisations participated.
- During the year 34 camps were organised for screening children with eye problem and providing support for treatment and intervention in the district. SADHANA was one of the collaborating agencies. SADHANA staffs were present in 4 camps in which 141 children were seen and the staff followed up with 18 children who were linked to eye hospitals.

Staff Training

SADHANA's vision and mission is fulfilled through the committed and dedicated staff of the organisation. The organisation invests a significant part of its resources and energy to nurture its staff regularly. Resource persons from client organisations and other institutes give training to keep the staff up to date with the society. Annual refreshment picnic also conducted to rejuvenate staffs.

Activities

- Regular nurturing of the staff of SADHANA is done in the weekly meetings. During the year 36 weekly meetings were conducted and the staff learnt to conduct proper assessment of children with disability, the factors influencing disability, preparation of comprehensive intervention plans, preparation of monthly summaries, etc. and its interconnectedness.
- A series of in house training was given to all the community workers and the coordinators to strengthen the approach of SADHANA in the villages that aims at helping the worker to understand the community, family and person before planning any intervention. The staff took training on using the LB tool to assess child or person with disability in his or her own context.
- Training on child development was given to the staff to develop understanding on physical, social and mental development according to the age of any child.
- Emphasis was given to improve the record keeping standards of the staff thereby enhancing the quality of work. The staff learnt how to write the daily dairy and monthly reports.
- Training on impairment, its consequences and disability was also given to the community workers and coordinators.
- Training on task analysis of self-care activities was given to all the community workers so that they can develop the step wise time bound plan for interventions.



Need based field level training to field workers by resource person Pravakar Sahoo.



Intensive study camp for hearing impaired children at SADHANA to assess their educational improvement.

Executive Body of SADHANA

Srikanta Moharana
President

Ranjit Kumar Mahapatra
Director/Secretary

Pravakar Sahoo
Member Adviser

Nandini Ghosh
Member

Binapani Mangual
Treasurer

Akshaya Kumar Behera
Member



Society for Action in Disability and Health Awareness

*Registered office: Sanamundali, PO: Mundali Colony, Dist: Cuttack-754006, Orissa India
Central Coordination office: SUJAN NIWAS, Betabindhansahi, P.C. Sarkar Lane, Khan Nagar, Cuttack
Project Office: Julka, PO-Bankisole, Via-Laxmiposi, Baripada, Dist. Mayurbhanj, Odisha, PIN-757107*

*www.sadhana-india.org
email-sadhana.india@gmail.com*